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Home Do It Yourself: DIY Ideas (Better Homes and Gardens) Home Safe Home Reader's
Digest Book of Home Do-it-yourself Projects [Optimal Outcomes](#) Calling Yourself Home
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Accessories How to Keep House While Drowning Come Home to Yourself Clever Girl
Finance [Sell Your Home Yourself: Tips to Help Sell Your Home Without Paying
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Repairs Made Easy - A Completely Indexed Manual for Home Owners and Handy Men on
Woodworking, Painting, Plumbing, Electrical Appliances, Concrete, and Metal Work The
Home Edit The Good Energy Book [Make Yourself at Home](#) The Ultimate Do-it-yourself
Book Do-It-Yourself and Home Improvements [I Am Diosa](#) We Were Made for These Times
Other Words for Home Metalworking for Home Machinists In a Glass Grimly

In Nothing To It, Brother Phap Hai brings his characteristic warmth and humor to explore the many different gates to transformation offered by Buddhism. A gate is a teaching, practice, or way of looking at things. Each gate is an invitation to consider a new frame of reference through which we can consider our situation, an opportunity to look at things differently. Readers who enjoyed Bhante Gunaratana's Mindfulness in Plain English will delight in this new explanation from the Australian-born senior monk of Deer Park Monastery in Escondido, California. There are fifty-eight gates explored in Nothing To It, arranged in ten traditional groups, with one chapter exploring each gate. Based on a series of talks given by Phap Hai in 2013, the book is designed to be equally valuable when read through at leisure or used as the text for a ten week self-guided course. Each chapter includes questions for reflection, additional reading suggestions on the topic, and writing exercises. The gates can be explored in order or investigated at random. Phap Hai's charming blend of ancient wisdom, Dharma scholarship, and contemporary applications will offer all who read Nothing To It a new way of seeing the extraordinary opportunities for transformation in everyday life. It's the last place she wants to be. It's the only place left to go . . . 'Hugely entertaining...an instantly engaging read, what you might get if you mixed Jojo Moyes with Marian Keyes' Sunday Independent Through exquisitely detailed illustrations and two double gatefolds, young readers are invited to explore some of the most unique houses from around the world. Have you ever wondered what it would be like to live in a tree house? Or how cozy it must be to sleep in an igloo? Have you noticed that some houses are extremely old and were built centuries ago and other houses can be set up wherever you go? In Make Yourself at Home, young readers are introduced to ten extraordinary types of homes. Find out what it's like to live underground or floating on a canal. Open up one of the two double gatefolds to see whether having hundreds of rooms in a castle is as exciting as it sounds, or whether a windmill is more your style. Any kind of house can be a home; learn about them all and choose your favorite! This is a very comprehensive and very helpful booklet on how to sell your house yourself. Anyone can do it. Go ahead, get the book and give it a try. You will be glad you did. The author of Sweet Remedies offers a straightforward, empowering guide to homegrown herbal remedies for illness injuries, and preventative health. Most of us understand the value of eating and buying local. Taking back our food, goods, and services from multinational corporations and sourcing them from small growers, producers, artisans, and

entrepreneurs benefits our families, our environment, and our communities. Heal Local argues that "100-mile healthcare" can be equally valuable in terms of how we treat illness and injury and maintain wellness. This innovative guide demonstrates that by harnessing multifaceted whole plants, we can rely on homegrown or regionally produced herbs rather than importing exotics and non-natives. Based on the small apothecary model, author Dawn Combs explains how to:

- Maximize the benefits of homegrown first aid, from increased freshness, potency, and effectiveness to community resilience and local economic growth
- Make home herbal healthcare less intimidating and more attainable, by focusing on twenty herbs to effectively treat most common injuries and ailments
- Implement a local medicine culture safely and sustainably, while protecting and respecting wild plant populations

Many herbals overwhelm their readers, presenting a list of hundreds of herbs, each with a different purpose. Heal Local empowers readers by showing that you don't need to know everything about every herb on the planet to create a complete home apothecary. Anyone can be self-sufficient with their wellness, regardless of their previous knowledge, experience, or available space.

Mother Earth News Books for Wiser Living Recommendation "An excellent reflection on integrating the western medicine model and local medicine communities." —Cheri Dinsmore, RN, BSN, president, Harmony Farm

"When you are world weary, at crossroads in the middle of change. When your heart hurts and you feel discouraged or alone. When you need some breathing space to rest and remember. 'Follow Yourself Home' is a book containing 109 Word Remedies. They offer insight, deeper self-awareness and emotional first aid. These remedies address everything from self doubt to romance, guilt to celebration, slowing down through to spirituality. It's time to follow yourself home." Written in a beautiful, simple and conversational style, Sadhvi covers the most pertinent issues affecting all of us—how to discover inner peace, find love, let go of anger, know your purpose, and connect with God, regardless of your religion. Born and educated in the US, Sadhvi has a PhD in psychology. She came to India approximately twenty-five years ago and has since lived at the Parmarth Niketan Ashram in Rishikesh, on the banks of the Ganga. This book emerged from the satsangs held each evening after the sacred Ganga aarti at the Ashram, and will resonate deeply with everyone, whether you are old or young, rich or poor, religious or not, traditional or modern. It will touch you deeply, awaken your spirituality and connect you to your true self, allowing you to become the best version you can be.

The award-winning actress offers a visual tour of her own Malibu home to reveal her personal innovative design concepts and simple decorating solutions, in a handbook that is enhanced by personal anecdotes and helpful design tips and ideas. Making your own custom accessories is a great way to add color, texture and comfort to your life—and can be fun too! Sew-It-Yourself Home Accessories offers 21 simple and beautiful projects to create with natural cotton. Using easy-to-learn sewing methods and bright, fresh fabrics, this book shows you how to make a range of useful items, from cushions, aprons and oven mitts to a laptop case, table linen and even a doorstop. Each project can be completed in just one weekend. Clear step-by-step instructions and color photographs make the process straightforward and simple, even for absolute beginners. A basics section at the front of the book introduces you to all of the tools, materials and techniques you need to know.

From the Newbery Honor-winning, New York Times bestselling author of *The Inquisitor's Tale*. Cover may vary If you dare, join Jack and Jill as they embark on a harrowing quest through a new set of tales from the Brothers Grimm, Hans Christian Andersen, and others. Follow along as they enter startling new landscapes that may (or may not) be scary, bloody, terrifying, and altogether true in this hair-raising companion to Adam Gidwitz's widely acclaimed, award-winning debut, *A Tale Dark & Grimm*. An Oprah Kids' Reading List Pick A Publishers Weekly Best New Book of the Week Pick For more twisted tales look for *A Tale Dark & Grimm* and *The Grimm Conclusion* New York Times bestseller and Newbery Honor Book! A gorgeously written, hopeful middle grade novel in verse about a young girl who must leave Syria to move

to the United States, perfect for fans of Jason Reynolds and Aisha Saeed. Jude never thought she'd be leaving her beloved older brother and father behind, all the way across the ocean in Syria. But when things in her hometown start becoming volatile, Jude and her mother are sent to live in Cincinnati with relatives. At first, everything in America seems too fast and too loud. The American movies that Jude has always loved haven't quite prepared her for starting school in the US—and her new label of "Middle Eastern," an identity she's never known before. But this life also brings unexpected surprises—there are new friends, a whole new family, and a school musical that Jude might just try out for. Maybe America, too, is a place where Jude can be seen as she really is. This lyrical, life-affirming story is about losing and finding home and, most importantly, finding yourself.

Decorate Your Home like a Rock Star! Popular home decor blogger KariAnne Wood has created this delightful and inspiring home planner just for you. With her infectious joy and humor, KariAnne is there to hold your hand on the decorating road ahead. Infused with witty, simple, and can-do advice, *The DIY Home Planner* is packed with unique features to help you realize your decorating dreams: Convenient pockets to tuck paint chips, fabric samples, and more to keep you organized Charming illustrations, photos, and diagrams to inform and encourage you Unique style guides, decision trees, and reference guidelines to inspire confidence in every decorating decision Easy DIY projects to help you accessorize with personalized style Incredible extras in the back of the book, including three frameable prints to brighten up your wall decor Discover these and other amazing tips in every area of home décor from painted wall treatments to light fixtures to accessories to floors...and so much more! A fresh, smart, and inspiring lifestyle book that shows you how to create an empowering home environment by changing the messages you are telling yourself within your own four walls. Award-winning magazine editor and certified Feng Shui consultant Emily Grosvenor invites us to a reality where our homes hold limitless opportunities to create meaning, shape behavior, and inspire action. Drawing on ancient wisdom and modern science and filled with examples from the author's groundbreaking research and work with clients, this is a philosophical and practical guide to creating a home environment that reflects your values, shapes your behavior, and supports you on your journey of self-discovery. Divided into chapters by aspiration—such as attraction, creativity, purpose, partnership, focus, and connection—and filled with gorgeous full-color illustrations, *Find Yourself at Home* presents a new way to collaborate with your living space, carry out your purpose in a changing world, and create the perfect home in which to thrive.

GREAT GIFT FOR HOME DÉCOR MAKEOVER AND FENG SHUI FANS: This is a great gift for people who are looking to rejuvenate their homes, and for those who love home makeover shows, marathoning HGTV shows, and bringing spiritualism and philosophy into their daily lives.

A NEW TAKE ON HOME DESIGN: Many of us have decluttered, home-edited our pantries, tried minimalism, made our homes hygge, and chosen things that 'sparked joy.' Now it's time to shape our homes to reflect who we want to be and our purpose, to make every room align with the behaviors we want to create. This is for readers who are recognizing that our homes have become more than places to rest: they are places for mystery, self-discovery, and empowerment.

FOR READERS WORKING FROM HOME/STARTING NEW CAREERS: For many of us, our homes are now also our offices. This is the perfect guide for anyone wanting to bring more of their aspirations, such as focus, creativity, and purpose, into their workspaces.

Perfect for: Fans of wellness and those interested in Feng Shui, creating habits, and setting intentions Women 25+ looking for ways to make their home reflect who they are and their goals/aspirations Anyone working from home or starting a new business from home An inspiring and practical Mother's Day, hostess, or housewarming gift Fans of Marie Kondo's books and popular guidebooks such as *Joy of Less*, *Soulful Simplicity*, *Clear Your Clutter with Feng Shui*, *The House Witch*, and *Theology of Home* Discover how to style your home for a deeper sense of comfort, with guidance from the creator of the 52 Lists journal series Fans of Moorea Seal know the style

influencer and online curator for her beautiful 52 Lists journals and planners, and they love her rustic luxe aesthetic: inspired boho loveliness, dashes of inspiration, plus a twist of the adventuresome spirit of the Northwest. Now Moorea has created a home design book that's equal parts self-help guide, memoir, and décor inspiration! She'll help you explore what it means to create a relaxed, comfortable home, and you'll find which expression feels most authentic to you through color palates, interior design modes, conversation prompts, essays, approachable DIY projects and more. Focusing in turn on one room at a time, various chapters will help you take on the living room, the dining room, bedrooms, and of course, the kitchen. Included for each room:

- A personal essay penned by Moorea herself
- An exclusive look into Moorea's own spaces with tips for inspired, mindful living
- Two beginner-friendly DIY projects to personalize and decorate your home on a budget
- Intimate looks into the homes of a diverse set of female style curators, who share their best tips and tricks for comfortable, imaginative decor

You don't need lots of money or the perfect life in order to infuse your space with your signature spark. If you're tired of staring at the same mess every day, but struggling to find the time and willpower to clean it, you probably have a very good reason: anxiety, fatigue, depression, ADHD, or lack of support. Designed by therapist KC Davis, this revolutionary method of cleaning and organizing helps end the stress-mess cycle. After KC Davis gave birth to her second child, she didn't fold a single piece of laundry for seven months. Between postpartum depression and ADHD, she felt numb and overwhelmed. She regained her sanity--and the functionality of her home--after one life-changing realization: You don't work for your home; your home works for you. In other words, messiness is not a moral failing. A new sense of calm washed over her as she let go of the shame-based messaging that interpreted a pile of dirty laundry as "I can never keep up" and a chaotic kitchen as "I'm a bad mother." Instead, she looked at unwashed clothes and thought, "I am alive," and at stacks of dishes and thought, "I cooked my family dinner three nights in a row." Building on this foundation of self-compassion, KC devised the powerful practical approach that has exploded in popularity through her TikTok account, @domesticblisters. The secret is to stop following perfectionist rules that don't make sense for you--like folding clothes that don't wrinkle anyway, or thinking that every room has to be clean at the same time--and to find creative solutions that accommodate your needs, pet peeves, daily rhythms, and attention span. Inside, you'll learn exactly how to customize your approach and rebuild your relationship with your home, including:

- How to stop seeing care tasks as a reflection of your worth, but rather as kindnesses to your future self
- How to use calming rituals to keep you from feeling overwhelmed when you look at a big mess
- How to stagger tasks that are easy to procrastinate throughout the week and month
- How to quickly transform a room from messy to fully functional through the "5 Things" tidying method, and other shortcuts requiring minimal energy

Read this book to make home feel like a sanctuary again: where you can move with ease, where guilt, self-criticism, and endless checklists have no place, and where you always have permission to rest, even when things aren't finished. Many of the earliest books, particularly those dating back to the 1900s and before, are now extremely scarce and increasingly expensive. We are republishing these classic works in affordable, high quality, modern editions, using the original text and artwork. Provides instructions for completing a variety of woodworking and home improvement projects, ranked by skill level from novice to veteran craftsman, and including information on tools, finishes, construction techniques, and a where-to-buy-it guide. Take charge of your finances and achieve financial independence – the Clever Girl way Join the ranks of thousands of smart and savvy women who have turned to money expert and author Bola Sokunbi for guidance on ditching debt, saving money, and building real wealth. Sokunbi, the force behind the hugely popular Clever Girl Finance website, draws on her personal money mistakes and financial redemption to educate and empower a new generation of women on their journey to financial

freedom. Lighthearted and accessible, *Clever Girl Finance* encourages women to talk about money and financial wellness and shows them how to navigate their own murky financial waters and come out afloat on the other side. Monitor your expenses, build a budget, and stick with it. Make the most of a modest salary and still have money to spare. Keep your credit in check and clean up credit card chaos. Start and succeed at your side hustle. Build a nest egg and invest in your future. Transform your money mindset and be accountable for your financial well-being. Feel the power of real-world stories from other "clever girls." Put yourself on the path to financial success with the valuable lessons learned from *Clever Girl Finance*. Kyra and Derksen, a mother and son collaborative team, weave words and images that invite readers to deepen their curiosity and joy for life. *Welcome Home to Yourself* invites readers to begin a guided journey through the natural milestones of their lives. An award-winning conflict consultant offers a new path to take when agreement and collaboration seem impossible, and teaches us that when conflict resolution fails, we can achieve freedom instead—even without others' cooperation. A founding CEO and his top salesperson are engaged in a heated clash over her compensation package. A mother and daughter are locked in a nasty cycle of blame and attack. A high-profile executive team is struggling with aggressive political infighting. In all these cases, every effort to talk it out has been unsuccessful. Where can you turn when your attempts to resolve conflict fail? Most approaches emphasize collaboration. You are supposed to sit down, calmly talk through your differences, and find a solution. But what if nothing seems to work, no matter what you do? When situations resist resolution, the Optimal Outcomes Method teaches us conflict freedom. This innovative method, based on Dr. Jennifer Goldman-Wetzler's training at the Program on Negotiation at Harvard Law School, two decades as a consultant to Fortune 500 and high-growth CEOs and senior teams, grassroots work with Middle East leaders, US government-funded research on terrorism, and her popular course at Columbia University, Optimal Outcomes reveals eight groundbreaking practices proven to help people everywhere free themselves from conflict. With inspiring stories from clients, students, and Dr. Goldman-Wetzler's own life lighting the way, you'll learn to observe complex situations with clarity, access your shadow values (things you really care about but have been unwilling to admit), and take bold, simple, surprising action. Optimal Outcomes blends mindfulness, Jungian psychology, and practical, step-by-step advice to free anyone from seemingly impossible conflict. Applying the practices, you'll reach your Optimal Outcome—which may be vastly different from what you originally imagined, but more satisfying than you ever dreamed possible. *Calling Yourself Home* is a journey of Oneness. A journey to become aware of the disowned, hidden, unloved parts of ourselves and to ultimately embrace the gifts of these within our lives. However first we must recognise and bring them to our awareness, accept and integrate them and then truly understand and acknowledge the wisdom and growth each brings to us at a deeply personal level. The path to do this is demonstrated in Janet's own journey and those of her courageous clients. As it is through their fascinating, heartfelt stories which we experience the powerful benefits of being willing to delve deeply into past hurts and wounding in order to return ourselves home to wholeness and oneness. Thereby completing the journey back to our original state of love, where true happiness and fulfillment resides. Within this inspiring and practical book you will find: Real life stories of courage, hope and deep transformational healing. Practical processes to help you recognise where you may have become lost and disassociated from your whole self. Insights and guidance explaining the processes involved in finding the unloved parts of self and calling those parts home. A deep understanding and appreciation of the importance of re-integrating those parts to return to wholeness and joy. Grounding and easy to use meditations and exercises to guide you in your journey home to self. Janet exposes her own experiences and life's journey to facilitate letting go, surrendering and healing all areas of life. With practical tools and practises she

guides the way for you to heal too." Brandon Bays, Internationally Best Selling Author of *The Journey, Freedom Is and Light in The Heart of Darkness* Take charge of your career and create a life full of learning, adventure, joy, and success utilizing these never-before-shared leadership principles Ann Hiatt learned working alongside the world's top tech CEOs—Google's Eric Schmidt, Amazon's Jeff Bezos, and Yahoo!'s Marissa Mayer. Whether you're stuck in your current job, starting your first job and wondering how you can use it as a steppingstone towards your dream career, or mid-career and wanting to finally be recognized for promotion or a leadership role, this book is for you. For the first time, Ann Hiatt shares both the daily habits and long-game strategies she learned working side-by-side for decades with the giants of technology at Amazon and Google. Through clear guidance and incredible stories, *Bet on Yourself* will teach you: How to define your abilities and speak up so that you can be recognized for the work that you do and the unique capabilities you bring to the table. How to create opportunities for yourself when options appear limited and build a purposeful career regardless of your seniority or industry. What it takes to build the confidence you need to build your dream career. How to exchange your frustration over not getting the recognition you deserve for an empowered, actionable plan for taking control of your professional identity and get promoted. These tried-and-true methods to take ordinary opportunities and create something extraordinary, and the leadership principles that guide the work of these celebrity CEOs, are directly applicable to your goals. With a few consistent, daily habits you can build a future that exceeds your wildest expectations. No matter the opportunities available to you in your particular community or career stage, there is a path for you. **NEW YORK TIMES BESTSELLER** • From the stars of the Netflix series *Get Organized with The Home Edit* (with a serious fan club that includes Reese Witherspoon, Gwyneth Paltrow, and Mindy Kaling), here is an accessible, room-by-room guide to establishing new order in your home. "A master class on how to arrange even your most unattractive belongings—and spaces—in an aesthetically pleasing and easy-to-navigate way."—*Glamour* (10 Books to Help You Live Your Best Life) Believe this: every single space in your house has the potential to function efficiently and look great. The mishmash of summer and winter clothes in the closet? Yep. Even the dreaded junk drawer? Consider it done. And the best news: it's not hard to do—in fact, it's a lot of fun. From the home organizers who made their orderly eye candy the method that everyone swears by comes Joanna and Clea's signature approach to decluttering. *The Home Edit* walks you through paring down your belongings in every room, arranging them in a stunning and easy-to-find way (hello, labels!), and maintaining the system so you don't need another do-over in six months. When you're done, you'll not only know exactly where to find things, but you'll also love the way it looks. A masterclass and look book in one, *The Home Edit* is filled with bright photographs and detailed tips, from placing plastic dishware in a drawer where little hands can reach to categorizing pantry items by color (there's nothing like a little ROYGBIV to soothe the soul). Above all, it's like having your best friends at your side to help you turn the chaos into calm. Includes a link to download and print the labels from a computer (you will need 8-1/2 x 11-inch clear repositionable sticker project paper, such as Avery 4397). *Writing Yourself Home* features over seventy-five readings by such noted authors as Maxine Hong Kingston, Alice Walker, Virginia Woolf, Margaret Atwood, and Simone de Beauvoir, as well as more than 200 writing and visualization exercises on love, relationships, families, language, dreams, and writing. Designed as a guided journal, these readings and writings will help clarify issues for women interested in personal growth and those who want to enhance their writing. In ten concise chapters, you'll learn powerful ways to meet life's challenges with wisdom, resilience, and ease. We all go through times when it feels like the ground is being pulled out from under us. What we relied on as steady and solid may change or even appear to vanish. In this era of global disruption, threats to our individual, social, and planetary safety abound,

and at times life can feel overwhelming. Not only are loss and separation painful, but even positive changes can cause great stress. Yet life is full of change: birth, death, marriage, divorce; a new relationship; losing or starting a job; beginning a new phase in life or ending one. Change is stressful, even when it is much desired or anticipated—the unknown can feel scary and threatening. In *We Were Made for These Times*, the extraordinary mindfulness teacher Kaira Jewel Lingo imparts accessible advice on navigating difficult times of transition, drawing on Buddhist teachings on impermanence to help you establish equanimity and resilience. Each chapter in *We Were Made for These Times* holds an essential teaching and meditation, unfolding a step-by-step process to nurture deeper freedom and stability in daily life. Time-honored teachings will help you develop ease, presence, and self-compassion, supporting you to release the fear and doubt that hold you back. This raw and relatable guide to radical self-care and self-love empowers readers to embrace the powerful Diosa within. In this fiercely inspiring book, psychotherapist Christine Gutierrez welcomes women to join her in healing the wounds from past hurt or trauma to reclaim their worth and come back home to their true self and soul. Diosa is the Spanish word for Goddess. A diosa is anyone who honors the primal feminine energy in the world and within themselves. According to Gutierrez, diosas face obstacles in their lives but are always ready and willing to go to their core to reclaim their inner worth and self-esteem. They are the ones that rise from the ashes and dare to piece themselves back together bone by bone and soul piece by soul piece. From stories of resilience from both Gutierrez and members of her Diosa Tribe, to mantras, meditations, and guided journaling prompts, this book gives women the tools they need to honor their sacred feminine and become who they were always meant to be. *I Am Diosa* will inspire women to give themselves permission to feel, to be seen, to be heard, and to return to their truest selves. No matter how well equipped your workshop may be, the need to make special tools, devices, and gadgets will always arise. That's where *Metalworking for Home Machinists* steps in to help! This highly-detailed guide shows you how to create 53 ancillary devices, including 5 clamps and vices, 10 jigs and fixtures, 25 lathe projects, and 13 miscellaneous projects. A must-have resource for every metalworking workshop, this manual will help save you time by devising the needed device for you so you can get right to work building what you need without delaying the completion of your final project any further! Written by an industry expert in designing and building engines and machines, author Tubal Cain had over 60 years of experience, and is a leading voice to guide you through the creation of essential workshop devices. A beautifully illustrated collection of mindfulness exercises for grounding, relaxation, and finding inner peace, from contemporary mystic Osho. All of us have experienced moments of "coming home"—feeling relaxed, grounded, free of the restlessness that characterizes so much of our everyday lives. These moments can arise in nature or in the depths of an activity we enjoy, alone or together with people we love. They show us that we are exactly where we are supposed to be. The meditations in *Coming Home to Yourself* were selected from Osho's hundreds of public talks and intimate conversations. These passages are designed to be a companion on the journey toward transforming our rare moments of "at-home-ness" into an undercurrent that permeates all aspects of our lives. They offer guidance about meditation and specific techniques to try, insights into the habits that keep us tense and conflicted, and what life might look like if we recognize those habits and let them go. Exercises include activating your awareness, opening the heart, learning to relax and concentrate in order to reap the benefits of meditation, and freeing the brain from mental blocks. Featuring whimsical full color illustrations throughout, *Coming Home to Yourself* invites the reader to dip into the meditations at any point or read the book in sequence for a true homecoming experience. *Home Safe Home* is the ultimate reference of its kind, written by the leading authority on eliminating toxics in the home. It offers more than four hundred tips, including do-it-yourself formulas for inexpensive, safe

products to replace the harmful substances we are exposed to in our own households. If you suffer from unexplained headaches, fatigue, or depression, or if you worry about the link between increased use of toxic chemicals and the rising rate of cancer, the many suggestions in this book can make your life virtually toxic-free! Here are some of the many useful facts you'll learn: - You can make a window cleaner from vinegar and water that is safe, more effective, and less expensive than any product on the market. - A mineral powder, which costs pennies per use, is the safest way to get whites their whitest. - Simply changing your type of sheets and pillows may cure insomnia. Expert advice on essential home decorating tasks, including painting, wallpapering, tiling, laying new floors, carpentry skills, security, repairs and maintaining your home. Save Thousands! Tackle the Easy Fixes Yourself Over 120 Step-by-Step Secrets Revealed The Basics Everyone Can Master Don't pay a professional tons of money! We make it so easy for you to tackle the tasks yourself. Below are some of the everyday projects you will find in here to make your life easier and your household more self-sufficient: Cleaning & replacing filters Easy plumbing fixes Painting hints & tips Garden & landscape ideas Hints & tips throughout Chapters include: Master Tools Electrical Plumbing Appliances Windows and Doors Walls and Floors Cleaning Exterior Auto Tried-and-true instructions provide do-it-yourself solutions to a ton of problems that could cost a fortune if you hired a professional. This manual is a "must-have" reference guide for every home-owner. Showing how to make any house a home, an easy-to-follow guide to decorating that is inexpensive, practical, and attractive includes instructions for making the most of available space, personalizing home design, unique window treatments, and much more. Original. Become a fountain of good energy in every area of your life! In this gem of a book, Tess Whitehurst offers sparkling advice for creating, maintaining, and sharing positive energy. Using this holistic and easy-to-follow system, you'll discover how to keep your energy positive and traverse any place, situation, or challenge with confidence, clarity, and grace. The fun and effective techniques in this book draw from both the physical and energetic realms. You'll learn how to: —Keep your energy clear and positive —Manifest the conditions you desire —Maintain good health habits —Establish a regular meditation practice —Fine-tune your intuition —Create sacred space in your home —Live fearlessly and confidently —Energetically protect yourself PRAISE: "Tess Whitehurst presents personally empowering, eminently practical, and refreshingly accessible techniques for creating an environment that feeds and uplifts your soul. She teaches how to harness the law of attraction to manifest the life you want."—Jhenah Telyndru, author of Avalon Within. Sandra Gaffney entered her first nursing home for long-term care at the unusually young age of fifty. Fourteen years earlier she had been diagnosed with amyotrophic lateral sclerosis (ALS), also known as Lou Gehrig's disease. Over the next sixteen years, Gaffney lived in nursing homes in Florida, Virginia, and Minnesota, as the ways she could be close to family changed. She describes her situation in these words: "As a nursing home resident, I require total or maximum care. I have limited use of my hands and arms. With special splints, I am able to turn the pages of my books, use the telephone and TV/VCR/FM radio remote control. When my cup is positioned properly, I can drink independently. I am able to walk with a platform walker and the help of two nursing assistants. My walking is not functional; it is only for exercise. After I moved into my third nursing home, I learned to operate a power wheelchair by using an adaptive switch between my knees. ... All other areas of physical care have to be done for me. My speech is impaired. If people listen carefully, they can understand what I am saying. ... I am able to eat regular food and breathe on my own." Gaffney became an acute observer and strategist about how to live in a nursing home. Her first-person account, dictated to family members and assistants, covers making the decision to enter a nursing home, choosing the right one, and understanding its culture. She talks about how to furnish your room and about all the issues that arise in a resident's typical day.

She has much to say about communication with staff and family about "how to help others help me." Gaffney's daughters, Amy and Bridget, and her friend Ellen Potter provide additional perspectives on the caregiving experience. Projects and tips for every room

For more than 75 years Better Homes and Gardens has been one of America's most trusted sources for information on home decorating. Do It Yourself, a popular BHG special interest publication, puts a youthful, crafty spin on DIY decor. With refreshing ideas, clear directions, and beautiful photographs, this book will inspire DIY enthusiasts of all skill levels to spruce up their spaces—in a weekend or less. The 200+ fun, approachable home improvement projects in this book give readers achievable, stylish, and affordable ways to transform their living spaces. Projects run the gamut from quick and easy ideas that can be completed in an hour or two to more involved and time-consuming improvements, but all can be accomplished in a weekend or less. Projects cover every room of the home: kitchens, bathrooms, dining rooms, living rooms, bedrooms, home offices, hobby rooms, and storage spaces, as well as outdoor living areas Includes both "hard" projects, such as tiling a backsplash, and "soft" projects, like embellishing a pillow or making over a piece of furniture Chapters focus on walls and floors, lighting, window treatments, decorative accents, storage, furniture, and more Concise step-by-step instructions are accompanied by full-color photos and/or illustrations For DIYers who aren't afraid to roll up their sleeves and try something new, DIY Ideas provides all the inspiration and instruction needed to create the home of their dreams. Have you ever imagined that you could create the home of your dreams? Do you watch DIY television shows and wish they would come to your house and create a stunning transformation? Have you been nervous to take on that DIY project because you feel you don't have the skills to make it happen? The answer to all these questions lies in Gary Nealon's You Can Do It Yourself: Great Do It Yourself Home Improvements On A Budget. This book gives you the basic skills you need to begin making fun and valuable changes to your home. You may be looking to increase the value of your home before putting it on the market. Or you may just be interested in making your house into the home of your dreams. Whatever your desires, Nealon gives you the tools to do the remodel projects that will transform your home! The best part of all of this--you will learn industry insider secrets that teach you to remodel ON A BUDGET! Gary knows the tricks of the trade, and teaches you how to get the most from your money when taking on any DIY project. Gary's projects include: * How to install a ceiling fan * How to lay wood flooring * How to replace or install an electrical outlet * How to mount a flat screen TV * How to install a tile backsplash * How to replace a faucet * How to insulate your attic All projects are marked by their difficulty, and each chapter ranges from the lower budget projects to the higher priced tasks. You Can Do It Yourself gives you the basic skills you need to be King or Queen of your castle! No more will you rely on outside help for many of the fixes and upgrades you want to do in your home. This book arms you with the basic skills you need to join the DIY revolution, and saves you money in the process! Discover how to style your home for a deeper sense of comfort, with guidance from the creator of the 52 Lists journal series Fans of Moorea Seal know the style influencer and online curator for her beautiful 52 Lists journals and planners, and they love her rustic luxe aesthetic: inspired boho loveliness, dashes of inspiration, plus a twist of the adventuresome spirit of the Northwest. Now Moorea has created a home design book that's equal parts self-help guide, memoir, and décor inspiration! She'll help you explore what it means to create a relaxed, comfortable home, and you'll find which expression feels most authentic to you through color palates, interior design modes, conversation prompts, essays, approachable DIY projects and more. Focusing in turn on one room at a time, various chapters will help you take on the living room, the dining room, bedrooms, and of course, the kitchen. Included for each room: · A personal essay penned by Moorea herself · An exclusive look into Moorea's own spaces with tips for inspired, mindful living · Two beginner-friendly DIY projects to

personalize and decorate your home on a budget · Intimate looks into the homes of a diverse set of female style curators, who share their best tips and tricks for comfortable, imaginative decor You don't need lots of money or the perfect life in order to infuse your space with your signature spark.

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